The	tal
Silence Project	rid

Group 7 Human Everyone
learns
something for
themself.

Human Encourages
personal
development.
People can
participate that
would not normally
attend meetings.

Human - Experience silence in a group.
Leam why it is important and then they can continue their personal development on their own.

Human - Even during silence people can connect with each other. Human - It is good for people to connect and come together.

Human - Have a shared purpose. They all have the same needs. Human Individual can
choose what
to deliver and
what to
participate in.

Human - We need a project champion, an ambassador. That can share the message of the project.



Intellectual

The existing stock of knowledge, resourcefulness, creativity and innovation in a region's people, institutions, organizations and sectors.



Social

The existing stock of trust, relationships and networks in a region's population.



Cultural

The existing stock of traditions, customs, ways of doing, and world views in a region's population.

Social - The silence project can be replicated in other areas. It 'belongs' to anyone that takes part. Social - It is a project that could make individuals move outside their comfort zone. Social - Make the silence project long term. Work with businesses and the community to create a permenant offering - become part of their area.

Social - Has the potential for the area to be connected with 'silence'. It requires the businneses and community to engage with the project.



Natural

The existing stock of natural resources—for example, water, land, air, plants and animals—in a region's places.



Built

The existing stock of constructed infrastructure–for example, buildings, sewer systems, broadband, roads–in a region's places.



Political

The existing stock of goodwill, influence and power that people, organizations and institutions in the region can exercise in decision-making.



Financial

The existing stock of monetary resources available in the region for investment in the region.

Natural - It was a quiet walk in silence. When you are walking in silence you can see nature. Natural - Develop a pride in their natural surroundings. Want to preserve what they see. Appreciate the natural surroundings.

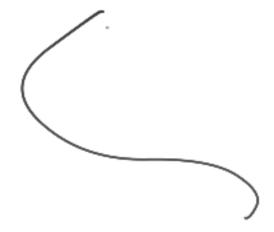
There is no financial purpose for the Silence Project

Financial - Volunteer time, no money transferred hands. But participants gave their time to showcase their region.

Financial - Indirect financial contributions. Catering during event. Follow up treatments and learning by participants.

Financial - Indirect accomodation, local B&B host participants and advertise the project.

Th	ne capital	The definition
	Individual	The existing stock of skills, understanding, physical health and mental wellness in a region's people.
THE REAL PROPERTY.	Intellectual	The existing stock of knowledge, resourcefulness, creativity and innovation in a region's people, institutions, organizations and sectors.
	Social	The existing stock of trust, relationships and networks in a region's population.
	Cultural	The existing stock of traditions, customs, ways of doing, and world views in a region's population.
*	Natural	The existing stock of natural resources—for example, water, land, air, plants and animals—in a region's places.
('A')	Built	The existing stock of constructed infrastructure–for example, buildings, sewer systems, broadband, roads–in a region's places.
1	Political	The existing stock of goodwill, influence and power that people, organizations and institutions in the region can exercise in decision-making.
<u> \$ </u>	Financial	The existing stock of monetary resources available in the region for investment in the region.



Th	e capit	Te	rroir	tion	different		Educational >
	Indiv	tex	> cture	g stock of skil 's people.	capitals	hysical health	big influence for future farming
ALL PROPERTY OF THE PARTY OF TH	Intelle	ectual			wledge, resourcefu ons, organizations		and innovation in a
	Soc	dal	The exis	sting stock of tru	Bringing the food producers	d networks in a	Come together
222	Cul	interest idea > \ will ste	ang /asile	sting stock of tra population.	toegether to work together	rys of doing, an	e mente nivite in e
\$	Nati	ural		sting stock of nat in a region's pla		example, water,	land, air, plants and
((A))	Bu	ilt			structed infrastruc ds-in a region's pl		e, buildings, sewer
11/1	Polit	tical	The existing stock of goodwill, influence and power that people, organizations and institutions in the region can exercise in decision-making.				
	Finar	ncial	The exis	The second second second	netary resources a	vailable in the re	egion for investment

city > agricultural zone People in supermarket learn to know where the eggs come from

Room 3

Project
FARMER
LOOKS FOR
SMALL PICNIC
BENCH

Local markets

Circular economy

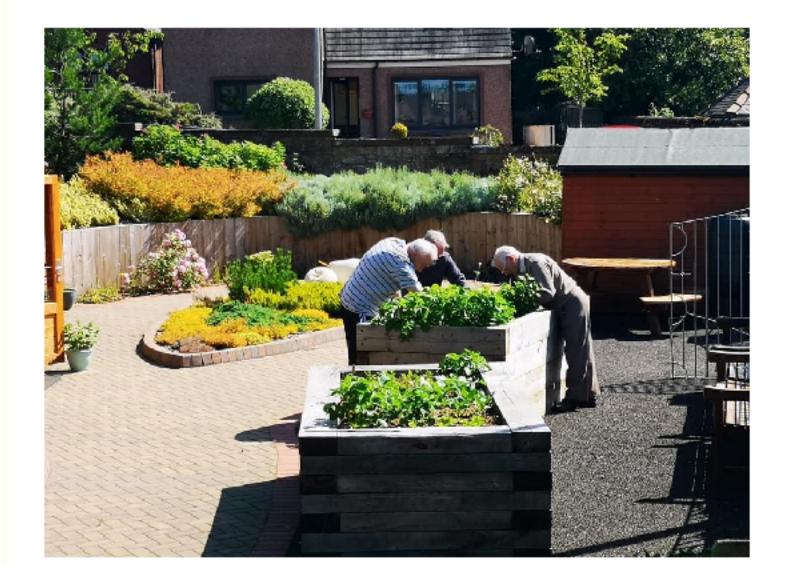
Th	ne capital	The definition
	Individual	The existing stock of skills, understanding, physical health and mental wellness in a region's people.
- III	Intellectual	The existing stock of knowledge, resourcefulness, creativity and innovation in a region's people, institutions, organizations and sectors.
	Social	The existing stock of trust, relationships and networks in a region's population.
444	Cultural	The existing stock of traditions, customs, ways of doing, and world views in a region's population.
1	Natural	The existing stock of natural resources-for example, water, land, air, plants and animals-in a region's places.
((A))	Built	The existing stock of constructed infrastructure–for example, buildings, sewer systems, broadband, roads–in a region's places.
11/4	Political	The existing stock of goodwill, influence and power that people, organizations and institutions in the region can exercise in decision-making.
	Financial	The existing stock of monetary resources available in the region for investment in the region.

Natural/social/persona lly: Garden Scotland. Using gardening as a tool/method for rehabilitation, connecting socialy How to measure the success of a project if it's not a traditional business? Look at the "Social Return on Investment". Look at qualitative outcomes through things like case studies.

Group 2

cultural/social:
create interaction
between people
with dementia.
Exposing/using the
human potential of
"disregarded"
groups

cultural/social/buildin g: taking a fysical happening like constructions and turn it into an experimental project where individuals create something together.



The capital		The definition				
	Individual	The existing stock of skills, understanding, physical health and mental wellness in a region's people.				
ALL IN	Intellectual	The existing stock of knowledge, resourcefulness, creativity and innovation in a region's people, institutions, organizations and sectors.				
	Social	The existing stock of trust, relationships and networks in a region's population.				
3.3.3	Cuitural	The existing stock of traditions, customs, ways of doing, and world views in a region's population.				
P	Natural	The existing stock of natural resources—for example, water, land, air, plants and animals—in a region's places.				
A)	Built	The existing stock of constructed infrastructure–for example, buildings, sewer systems, broadband, roads–in a region's places.				
·	Political	The existing stock of goodwill, influence and power that people, organizations and institutions in the region can exercise in decision-making.				
	Financial	The existing stock of monetary resources available in the region for investment in the region.				

Room 5 Cliff Trail in Angus

NATURAL & SOCIAL POLIAL PAR

Natural capital: the geology of the place

Safety: good markers

The community was involved in creating the materials for promoting the area: how should the map look, how much information about each of the issue should be?

Social Capital: the cameraman spends a lot of time in there. The challenge to put together different organization and the community. he wanted to include history and community.

Individual: the local community was part of the video, painting stones and getting involved.

The cameraman was lovely, creative, full of vitality and this helped a lot.

Social media article in the local press Education about the wild life

Financial is slow: a page for donations.

Th	e capital	io	Natural - a picnic area to		Human - provided an		Social -	
	Individu	Group 1		andi	opportunity to show what they are doing.	ind i	allow a place for reflection.	
	Intellectu	p	The bench in the farm symbolises the	sour tatio		and	innovation in a	
	Social	connection for social impact of our project. Looking at	People are couriers for information.	region	hopping tour, possibly with fact finding			
444	Cultural		The existing stock of traditions, customs, ways of doing, and world views in a region's population.					
1	Natural	and the second second second	The existing stock of natural resources-for example, water, land, air, plants and animals-in a region's places.					
((A))	Built		The existing stock of constructed infrastructure–for example, buildings, sewer systems, broadband, roads–in a region's places.					
11/4	Political	The existing stock of goodwill, influence and power that people, organizations and institutions in the region can exercise in decision-making.						
	Financia	The existing s in the region.	The existing stock of monetary resources available in the region for investment in the region.					

financial - future possibilities for producing local grain and other local products. Respect for the processes.

Th	ne capital	The definition	
	Indivi G	ing stock of skills, understanding, physical health and mental wellness on's people.	
All III	Intelle	ing stock of knowledge, resourcefulness, creativity and innovation in a people, institutions, organizations and sectors.	Natural, human & social capital: FD
	Social	The existing stock of trust, relationships and networks in a region's population.	project helped to get small communities much needed attention in the bigger realm of destinations.
	Cultural	The existing stock of traditions, customs, ways of doing, and world views in a region's population.	Natural capital: try to weigh on nature preservation
8	Natural	The existing stock of natural resources—for example, water, land, air, plants and animals—in a region's places.	touristic cooperation between inhabitans, entrepreneurs en governments.
((A))	Built	The existing stock of constructed infrastructure–for example, buildings, sewer systems, broadband, roads–in a region's places.	Finacial-physical: partnerships between authorities and local communities can
11	Political	The existing stock of goodwill, influence and power that people, organizations and institutions in the region can exercise in decision-making.	improve i.e. roadworks,
	Financial	The existing stock of monetary resources available in the region for investment in the region.	

Human & social capital: creating learning networks; learning from each other. Sharing experiences help to organize and focus.

Human & social capital: getting envolved in FD projects can motivate you on a personal level

Financial & physical capital: political choices and how power is being used is imported in how commiunities can evolve to a Flourihing Detination.

		Boer zkt bank: Social impact,	tion		
	Individ	connection visitor-farmer; more real contact	g stock of skills, understanding, physical health and mental wellness 's people.		
- III	Intellectual		ng stock of knowledge, resourcefulness, creativity and innovation in a secople, institutions, organizations and sectors.		
	Social The existi		ng stock of trust, relationships and networks in a region's population.		
233	Cultural		ng stock of traditions, customs, ways of doing, and world views in a copulation.		
\$	Natura		ng stock of natural resources–for example, water, land, air, plants and in a region's places.		
((A))	Built		ng stock of constructed infrastructure-for example, buildings, sewer broadband, roads-in a region's places.		
11/1	Politic	31	ing stock of goodwill, influence and power that people, organizations tutions in the region can exercise in decision-making.		
	Financi	The existing in the reg	ng stock of monetary resources available in the region for investment ion.		